



THE JL BAR RANCH, RESORT & SPA



The Spa at JL Bar

Our goal is to provide a world-class spa experience for all of our guests, whether they are staying on property or visiting for the day. We strive to create a place where beauty, comfort, knowledge, and personalized attention, combine to create a totally memorable and rejuvenating experience. Relax and unwind at The Spa at JL Bar with a luxurious therapeutic treatment. To ensure a level of personalized service that is unmatched, our highly trained spa technicians are attentive to your specific requests and concerns.



Massage Services



Swedish Massage

Traditional Swedish relaxation massage. This treatment uses light to medium pressure, allowing the body to rest. Relaxation and restoration are the goal.

60 min/90 min ✂ \$150/\$200

Hot Stone Massage

Using hot stones deep muscle tissue is targeted for relaxation in this treatment. The result is deeper relaxation of the muscle tissue.

60 min/90 min ✂ \$150/\$200

Deep Tissue Massage

Along with Swedish Massage, deep tissue, trigger point therapy and heavy pressure are combined to create a deeply relaxing massage.

60 min/90 min ✂ \$150/\$200

Therapeutic Massage

Designed to help what ails you, this technique combines several massage modalities to relieve pain in specific areas, as well as help control chronic pain.

60 min/90 min ✂ \$150/\$200

Prenatal Massage

For the mommy to be and baby on board, this massage is designed to help mommy and baby rest. Smooth, even pressured strokes are used to assist in issues that occur during pregnancy.

60 min ✂ \$150

Couples Massage

Intimacy on a different level, this simultaneous treatment side by side each other is sublime sharing energy while two therapists work in tandem to create a space just for the two of you to relax.

60 min/90 min ✂ \$300/\$400

Treatments



Shirodhara Treatment

This encompassing ancient treatment is deeply calming to the entire nervous system. The flowing oil of the Shirodhara on scalp and body eases stress, melts tension and quiets the mind.

60 min ✂ \$155

Deep Relaxation Treatment

This treatment is designed to help relax deep muscle tension and re-train the tissues of the body to respond to rest. Incorporating breathing, meditation, aromatherapy, energy sweeping and light touch massage techniques, this treatment leaves you floating through the rest of your day.

60 min ✂ \$150

Salt Scrub

Deeply detoxifying, this treatment includes a dry brushing of the body followed by a hand-mixed salt glow rub. After a long rinse in the shower a Swedish massage, scented the same as the scrub, is administered.

75 min ✂ \$185

Sugar Scrub

Moisturizing and renewing, this treatment polishes the skin and promotes new cell regeneration. A dry brushing is used to prepare the skin for the hand-mixed sugar scrub. A long shower rinse followed by a deep moisturizing Swedish massage, leaves you glowing, energized and renewed.

75 min ✂ \$185



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the spa

AT JL BAR

Facials



Rejuvenation Facial

JL Bar's signature facial, this treatment cleanses, exfoliates and moisturizes the face and décolleté. While you relax, a hand massage is included.

60 min / \$150

Mineral Oxygen Facial

This facial incorporates mineral water and feeds the skin with oxygen. Cleansing, exfoliation and moisturizing, combined with facial massage, enlivens and brightens the face and décolleté. Hand massage, included.

60 min / \$150

Hand AND Foot Treatments



Hand Treatment

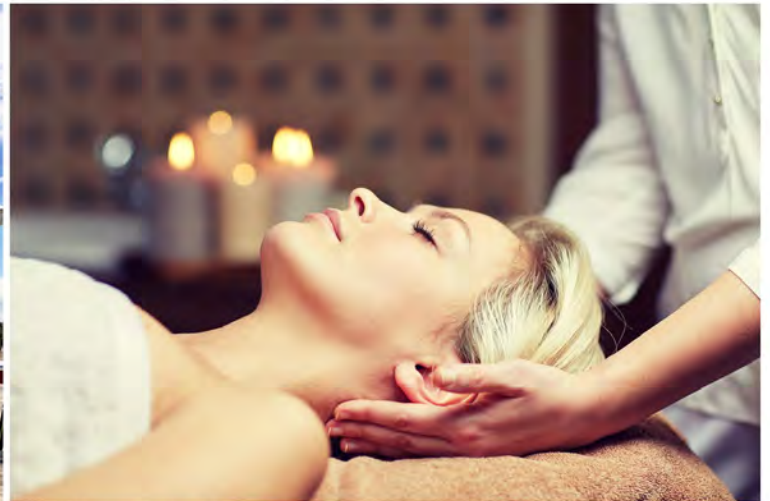
Hands are wrapped in steamed towels, exfoliated and moisturized followed by a hand and arm massage. Cuticles are treated and nails buffed to a high shine.

45 min / \$75

Foot Treatment

Feet are soaked in warm water, exfoliated and moisturized followed by a foot massage. Cuticles are treated and nails buffed to a high shine.

45 minutes / \$95



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